

Digging Deeper

g e p c p

**Missionary Church
Edition**

quote system

This package contains everything you will need to aid you in learning this year's quotes: Flash Cards, Audio CD, Study Plans, Checklists, and Helpful Study Techniques.

Learn God's Word for LIFE!

Exclusively from
The logo for ACME Quiz Products features a stylized mountain range composed of several parallel lines of varying heights on the left. To the right of the mountains, the word "ACME" is written in a large, bold, sans-serif font. Below "ACME", the words "QUIZ PRODUCTS" are written in a smaller, all-caps, sans-serif font, separated from "ACME" by a thin horizontal line.

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QUIZ PRODUCTS

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Digging Deeper Quote System.

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PACKAGE CONTENTS

Included in this package are the following:

- **Quote Flash Cards.** Each quote is on a flash card, with one side containing the complete quote, and the other side containing the prejump on one end, and the reference on the other.
- **Card Carrying Pouch.** This clear vinyl carrying pouch holds up to 50 flash cards at a time. It will protect your flash cards and help them last a lot longer, and its convenient size will allow you to carry your flash cards everywhere.
- **Study Guide Booklet.** This booklet includes many features that will aid you in successfully learning your quotes. Included are sections on setting study goals, assessing your learning style, study tools and techniques, a complete listing of verses, single- and multi-verse prejump lists, and a progress chart.

DIGGING DEEPER QUOTE SYSTEM

Congratulations! You are about to embark on a voyage that, if you let it, can change your life. David tells us in Psalm 119:11 — “I have hidden your word in my heart that I might not sin against you.” And we know that David was truly a man after God’s heart. Scripture lets us know God’s heart, and memorizing it allows his Spirit to speak to us in the most amazing ways! You will be surprised how the Spirit, one year from now, or even ten or twenty years, will bring to mind some passage of Scripture that you have committed to memory. Be fertile soil and let the Seed of God’s Word grow deep!

SETTING YOUR GOALS

Jesus tells this parable: “Suppose one of you wants to build a tower. Will he not first sit down and estimate the cost to see if he has enough to complete it? For if he lays the foundation and is not able to finish it, everyone who sees it will ridicule him...”

Now it is unlikely that your friends will ridicule you if you set out to learn the quotes this year and don’t succeed in doing so, but memorizing Scripture—especially memorizing large amounts of it—is not something to be entered into lightly. You want to make sure you take stock of your resources and enter into your plan with the greatest likelihood of success. You will want to count the costs and, with God’s help, set up a plan for success.

Why Memorize Scripture?

If you are going to memorize Scripture, it is important that you know why you are doing it. Of course, learning the quotes will make you a better quizzer, but if that is all it does for you, then you are in danger of being like one of the Pharisees or teachers of the Law who were white-washed tombs full of dead men’s bones. They studied and knew the Scripture inside and out, but did not understand or obey it.

As Christians, we are in a battle of epic proportions, and it is important that we be fully armed—this includes having a sharp sword of the Spirit, which is the Word of God. Strive to “Learn God’s Word for LIFE.”

Count The Costs

Before you jump into memorization, it is a good idea to take stock of your resources—to come up with a plan. Your success will depend on a number of factors: skill and experience, circumstances, support system, and desire. Let's look at these briefly by asking you some questions.

Skill and Experience. Do you know how to take a study plan and follow through with it? What kind of grades do you get in school? Have you ever memorized before?

Age, Circumstances and Time. Sometimes, but not always, older quizzers know how to make better use of their time. Do you have time in your life to memorize Scripture? Do you have a job after school? Are you home-schooled? Quizzing takes time, and you want to take stock of the time that you have before you commit to any plan of long-term study.

Support System. Think about your support system—your family and friends. Are they usually an encouraging or discouraging force? Will they help you reach your study goals, or will they drag you down? You want to be surrounded by people who will encourage you and are committed to your success.

Desire and Motivation. This is probably the most important factor in achieving success in quizzing. Are you self-motivated, or do you require someone to “push” you? Can you focus on a goal, or do you start things and never finish them? Are you memorizing Scripture because you want to, or because your parents, or friends, want you to do it?

These questions were not meant to discourage you from setting out on this worthy journey, but to help you take a realistic look at your likelihood for success. We can't overcome our limitations unless we first recognize them. But after recognizing them, you can overcome them with determination. So take stock of your resources, and build that tower!

Develop A Plan

Use this Study Guide to help you develop a plan. Taking into account your particular learning style, your skill, available time, support system, and motivation, read the sections “Overview of Learning Styles” and “Tools and Techniques” to help put together a plan that is right for you.

And don't get discouraged if it seems hard at first. Most ventures of lasting value require effort, but the benefit you reap will be eternal!

OVERVIEW OF LEARNING STYLES

When it comes to learning, each person is different, and each has a style of learning that suits him best. Here is a brief overview of some common learning styles:

Visual Learners. Visual learners enjoy using pictures, images, colors and maps to help them organize and retain information. They also use them when communicating with others.

Drawing a representative picture of the verse on the back of the flash card may aid this learner in memorizing Scripture. Coming up with mental pictures which contain plenty of action can also help.

Aural Learners. Aural learners enjoy sounds and music. They usually have good rhythm and can often sing or play a musical instrument. Making the verse into a song may be this learner's preferred method of study. They will also benefit from quoting the verses aloud.

Verbal Learners. These learners find it easy to express themselves, both verbally and in writing. They generally enjoy reading, writing, and public speaking. They may benefit from writing out the verses. (This exercise is also useful for the Physical Learner.) As with the Aural Learner, this learner should practice quoting the verses aloud.

Physical Learners. Physical learners enjoy using their body, their hands, and their sense of touch to learn about the world around them. Often they are involved in sports, or enjoy exercise as a way of sorting through problems.

You can recognise this learner because they will physically act out a verse, walking about with great emotion. If this is your style, don't force yourself to sit at a desk. Get up, walk around, and act out God's Word. Be as expressive as you can. The more motion and emotion that you put into your recitation, the easier it will be for your mind to replay later.

Logical Learners. A logical learner can easily recognize patterns as well as find connections between seemingly meaningless content. They are great at math and solve problems in a very systematic way.

This learner will benefit by approaching the material systematically, learning first the references (as pegs to hang the verses on), and then sequentially learning each verse.

Social Learners. These learners prefer to study in groups or with other people. They listen well to others and often enjoy mentoring or counseling. Anywhere people are, that's where they will be.

This can be a blessing and a curse for someone trying to memorize. It normally takes more time for these learners to learn the verses because they need to be around others, but there isn't a better thing to do with your friends than learn Scripture!

Solitary Learners. Solitary learners like to work alone. They are private and independent, and generally like to plan ahead and set goals. This learner, though, needs to actively try to share God's Word with others, and not let it stay bottled up for no one else to hear.

Most people learn using a combination of learning styles, with one style being predominant. Learning can be a frustrating thing if you don't know your learning style. When you start to recognize and understand your own particular styles for learning, you can use techniques better suited to you. This will greatly increase the speed with which you learn new material, and improve your ability to retain that new knowledge.

Memorization is not easy, but it can be easier if you gain a better understanding of your styles for learning and implement some of the techniques associated with those styles.

TOOLS & TECHNIQUES

In developing a plan, it is important to take stock of all your resources and know how to best use the tools available to you. This section will give you some tips on using the tools supplied in this package, as well as teach you some study techniques specific to scripture memory.

Developing Reference Pegs

Before learning any of the verses, it is a good idea to first learn the references. You can get a list of the references by looking at the **Progress Checklist** included in this booklet.

Learning the references, in order, will aid you as you mentally "check off" each verse during review. We call them pegs, because on them you will be able to hang each learned verse.

Using The Quote Flash Cards

Do you remember when you first learned to add and subtract? It is very likely that you used flash cards to aid you. Or maybe you have seen your friend's quote cards—usually handwritten 3"x5" cards—that took hours to prepare. Your friend carries them everywhere, because they are the easiest way to learn and review quotes.

The flash cards are numbered sequentially to allow you to easily put them back in reference order. Each card includes the verse on one side and the prejump and reference on the other.

Included in the package is a convenient vinyl carrying pouch to carry around 15-20 of the verses that you are currently working on.

Following are some suggestions for using the flash cards:

- **Active and correct stacks.** Create an "active stack" of cards that you want to work on. Then say the verse that is on the top of the stack, using that card to check your quotation. If you said the verse correctly, then place the card in your "correct stack"; otherwise, put the card back in your active stack (either in the middle or on the bottom). You will continue doing this until all cards have been removed from your active stack.
- **Finish this verse (and give the reference) practice.** Turn the flash cards so that the side with the prejump words is up, and rotate the cards so that the prejump words are on top. Then using the active and correct stack method above, read each prejump and attempt to complete the verse. If you get it correct, remove the card from the active stack; otherwise, reinsert the card into the stack.

Since single-verse quotes have different prejumps than multi-verse quotes, we recommend using a highlighter on the prejump words of your multi-verse flash cards to make those stand out and remind you that it is a multi-verse prejump.

- **Quote practice.** Use the same procedure as above for Finish this verse, but this time hold the cards so that the references are on top.

After you have learned the quotes in order, we recommend that you shuffle the cards and study them in random order. This will help your mind learn to retrieve them randomly, something that you will have to do in a quiz.

Using Your 15-Minutes-es

We all are busy, but living a purpose-driven Christian life requires that we prioritize our commitments and use our time wisely (“for the days are evil”). The truth is, we all waste a lot of our day, and if we were just a little more wise in the use of our time, we could accomplish amazing things.

If we examine our day, we will find that we all have small gaps of unused time (“15-minutes-es”). These 15-minutes-es exist as we wait for our next class, wait in line for lunch, wait for the school bus, and so many other waiting and transition moments. If you can identify just one of these wasted gaps each day, and instead of losing the time forever, review your memory verses, then you will find that you don’t need to set aside much, if any, additional time—these gaps will be more than sufficient to learn and review your verses.

The Rule of 7

There is a commonly held rule of learning—it is called the “Rule of 7.” That is, it takes seven concentrated retention efforts to move knowledge from short-term memory to long-term/permanent memory. In practice, this means that you must focus on a memory verse at least 7 separate times in order to make the verse a part of your permanent memory.

Applying this rule, spend 10 minutes or so learning the verse word-perfectly. Then review that verse at least 6 times in the following days. Finally, maintain your verses by reviewing them once a week.

STUDY PLANS

Now that you have taken stock of your resources and counted the costs, it is time to select a study plan that is right for you. The following is a brief survey of a variety of study plans that will help you reach your goal. You can use one of them, or combine the best of each into your own plan tailored to your needs.

Two-Week Plan

Alternately known as the “I’m Bored With Summer Plan” or “I Love Challenges Plan,” this plan requires 14 consecutive days of availability and will take you 8-12 hours each day for success.

You will find that learning verses on the first day is easier than on the last, since on the last you must not only learn the new, but must also maintain the old. As a result, you should use a staggered learning schedule that learns fewer verses each day. With 232 verses this year, use the following plan. (The format is day, followed by number of verses.)

1 (17)	2 (17)	3 (17)	4 (17)	5 (17)	6 (17)	7 (17)
8 (17)	9 (17)	10 (17)	11 (16)	12 (16)	13 (15)	14 (15)

Four-Week Plan

One month still offers a challenge but is not quite as insane a schedule. You should plan to spend 4-6 hours each day. Following is a sample schedule:

1 (9)	2 (9)	3 (9)	4 (9)	5 (9)	6 (9)	7 (9)
8 (9)	9 (9)	10 (9)	11 (8)	12 (8)	13 (8)	14 (8)
15 (8)	16 (8)	17 (8)	18 (8)	19 (8)	20 (8)	21 (8)
22 (8)	23 (8)	24 (8)	25 (8)	26 (8)	27 (7)	28 (7)

Eight-Week Plan

Two months is plenty of time to learn your quotes. With a longer time span, we can take two days off each week and still accomplish our goal. You should plan to spend 2-3 hours each day. Though not necessary, if you have the time, you may use Day 6 and 7 for review. Following is a sample schedule:

Week 1:	1 (7)	2 (7)	3 (7)	4 (7)	5 (7)
Week 2:	1 (7)	2 (7)	3 (7)	4 (7)	5 (7)
Week 3:	1 (6)	2 (6)	3 (6)	4 (6)	5 (6)
Week 4:	1 (6)	2 (6)	3 (6)	4 (6)	5 (6)
Week 5:	1 (6)	2 (6)	3 (5)	4 (5)	5 (5)
Week 6:	1 (5)	2 (5)	3 (5)	4 (5)	5 (5)
Week 7:	1 (5)	2 (5)	3 (5)	4 (5)	5 (5)
Week 8:	1 (5)	2 (5)	3 (5)	4 (5)	5 (5)

With each of the three previous plans, daily review is essential to your success. Remember, it takes 7 focused retention efforts to move knowledge from short-term to long-term memory.

The Two-Week, Four-Week, and Eight-Week plans are good plans to follow during summer vacation, but if you don't have time to spare in the summer, consider the following plan:

Quiz-Season-Long Plan

This plan might also be called the "Just In Time Plan" since you will want to learn the verses in time for each quiz meet. Though you have a larger amount of time to accomplish this plan, you also have to balance school and other fall and winter commitments. You will want to make sure to balance learning new verses with consistent review.

"Learning-For-Life" Plan

Most quizzers learn their verses for the year and then start fresh the next year, never reviewing previous years' verses. While it would be overwhelming to try to add 232 new verses every year, and then try to review all of the verses from previous years, it is completely possible to select a small number of "key verses" each year and make them part of a systematic review plan.

We encourage you to select ten verses each year that will become a permanent part of your systematic review. Then by the end of six years of quizzing, you will have hidden 60 verses in your heart!

We are so excited that you are determined to “dig deeper” and hide God’s Word in your heart. Let God’s Word change not only your mind, but your heart as well! And “Learn God’s Word for LIFE!”

COMPLETE LISTING OF VERSES

Galatians

- 1:3 **Grace and** peace to you from God our Father and the Lord Jesus Christ,
- 1:4 **who gave** himself for our sins to rescue us from the present evil age, according to the will of our God and Father,
- 1:5 **to whom** be glory for ever and ever. Amen.
- 1:9 **As we** have already said, so now I say again: If anybody is preaching to you a gospel other than what you accepted, let them be under God's curse!
- 1:10 **Am** I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ.
- 1:11 **I want you** to know, brothers and sisters, that the gospel I preached is not of human origin.
- 1:12 **I did** not receive it from any man, nor was I taught it; rather, I received it by revelation from Jesus Christ.
- 2:17 **"But if, in** seeking to be justified in Christ, we Jews find ourselves also among the sinners, doesn't that mean that Christ promotes sin? Absolutely not!
- 2:18 **If I** rebuild what I destroyed, then I really would be a lawbreaker.
- 2:19 **"For through the law** I died to the law so that I might live for God.
- 2:20 **I have been** crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.
- 2:21 **I do** not set aside the grace of God, for if righteousness could be gained through the law, Christ died for nothing!"
- 3:6 **So also Abraham** "believed God, and it was credited to him as righteousness."
- 3:7 **Understand,** then, that those who have faith are children of Abraham.
- 3:8 **Scripture** foresaw that God would justify the Gentiles by faith, and announced the gospel in advance to Abraham: "All nations will be blessed through you."
- 3:9 **So those** who rely on faith are blessed along with Abraham, the man of faith.

- 3:10 **For all who** rely on the works of the law are under a curse, as it is written: "Cursed is everyone who does not continue to do everything written in the Book of the Law."
- 3:11 **Clearly** no one who relies on the law is justified before God, because "the righteous will live by faith."
- 3:12 **The law** is not based on faith; on the contrary, it says, "The person who does these things will live by them."
- 3:13 **Christ** redeemed us from the curse of the law by becoming a curse for us, for it is written: "Cursed is everyone who is hung on a pole."
- 3:14 **He redeemed** us in order that the blessing given to Abraham might come to the Gentiles through Christ Jesus, so that by faith we might receive the promise of the Spirit.
- 3:15 **Brothers and sisters, let** me take an example from everyday life. Just as no one can set aside or add to a human covenant that has been duly established, so it is in this case.
- 3:16 **The promises** were spoken to Abraham and to his seed. Scripture does not say "and to seeds," meaning many people, but "and to your seed," meaning one person, who is Christ.
- 3:17 **What I mean** is this: The law, introduced 430 years later, does not set aside the covenant previously established by God and thus do away with the promise.
- 3:18 **For if** the inheritance depends on the law, then it no longer depends on the promise; but God in his grace gave it to Abraham through a promise.
- 3:21 **Is** the law, therefore, opposed to the promises of God? Absolutely not! For if a law had been given that could impart life, then righteousness would certainly have come by the law.
- 3:22 **But Scripture** has locked up everything under the control of sin, so that what was promised, being given through faith in Jesus Christ, might be given to those who believe.
- 3:23 **Before** the coming of this faith, we were held in custody under the law, locked up until the faith that was to come would be revealed.
- 3:24 **So the** law was our guardian until Christ came that we might be justified by faith.
- 3:25 **Now that** this faith has come, we are no longer under a guardian.
- 3:26 **So in** Christ Jesus you are all children of God through faith,
- 3:27 **for all of** you who were baptized into Christ have clothed yourselves with Christ.

- 3:28 **There is neither** Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus.
- 3:29 **If you belong** to Christ, then you are Abraham's seed, and heirs according to the promise.
- 4:1 **What I am** saying is that as long as an heir is underage, he is no different from a slave, although he owns the whole estate.
- 4:2 **The heir** is subject to guardians and trustees until the time set by his father.
- 4:3 **So also, when** we were underage, we were in slavery under the elemental spiritual forces of the world.
- 4:4 **But when** the set time had fully come, God sent his Son, born of a woman, born under the law,
- 4:5 **to redeem** those under the law, that we might receive adoption to sonship.
- 4:6 **Because you are** his sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "Abba, Father."
- 4:7 **So you** are no longer a slave, but God's child; and since you are his child, God has made you also an heir.
- 5:1 **It** is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.
- 5:5 **For through the Spirit** we eagerly await by faith the righteousness for which we hope.
- 5:6 **For in Christ Jesus** neither circumcision nor uncircumcision has any value. The only thing that counts is faith expressing itself through love.
- 5:9 **"A little yeast works through the whole batch of dough."**
- 5:13 **You, my** brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.
- 5:14 **For the entire** law is fulfilled in keeping this one command: "Love your neighbor as yourself."
- 5:15 **If you bite** and devour each other, watch out or you will be destroyed by each other.
- 5:16 **So I** say, walk by the Spirit, and you will not gratify the desires of the flesh.
- 5:17 **For the flesh** desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.

- 5:18 **But if you** are led by the Spirit, you are not under the law.
- 5:22 **But the** fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,
- 5:23 **gentleness** and self-control. Against such things there is no law.
- 5:24 **Those** who belong to Christ Jesus have crucified the flesh with its passions and desires.
- 5:25 **Since we** live by the Spirit, let us keep in step with the Spirit.
- 5:26 **Let us not become conceited**, provoking and envying each other.
- 6:1 **Brothers and sisters, if** someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted.
- 6:2 **Carry** each other's burdens, and in this way you will fulfill the law of Christ.
- 6:3 **If anyone** thinks they are something when they are not, they deceive themselves.
- 6:4 **Each** one should test their own actions. Then they can take pride in themselves alone, without comparing themselves to someone else,
- 6:5 **for each** one should carry their own load.
- 6:6 **Nevertheless**, the one who receives instruction in the word should share all good things with their instructor.
- 6:7 **Do not be deceived**: God cannot be mocked. A man reaps what he sows.
- 6:8 **Whoever** sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.
- 6:9 **Let us not become weary** in doing good, for at the proper time we will reap a harvest if we do not give up.
- 6:10 **Therefore, as we** have opportunity, let us do good to all people, especially to those who belong to the family of believers.
- 6:14 **May** I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world.

Ephesians

- 1:3 **Praise** be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.
- 1:11 **In him we** were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will,
- 1:12 **in order that we**, who were the first to put our hope in Christ, might be for the praise of his glory.
- 1:17 **I keep** asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.
- 1:22 **And God placed** all things under his feet and appointed him to be head over everything for the church,
- 1:23 **which is** his body, the fullness of him who fills everything in every way.
- 2:1 **As for** you, you were dead in your transgressions and sins,
- 2:2 **in which** you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient.
- 2:3 **All** of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath.
- 2:4 **But because** of his great love for us, God, who is rich in mercy,
- 2:5 **made** us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.
- 2:6 **And God raised** us up with Christ and seated us with him in the heavenly realms in Christ Jesus,
- 2:7 **in order that in** the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.
- 2:8 **For it is by** grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—
- 2:9 **not by** works, so that no one can boast.
- 2:10 **For we are God's** handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.
- 2:13 **But now in** Christ Jesus you who once were far away have been brought near by the blood of Christ.

- 2:17 **He came** and preached peace to you who were far away and peace to those who were near.
- 2:18 **For through him** we both have access to the Father by one Spirit.
- 2:19 **Consequently**, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household,
- 2:20 **built** on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone.
- 2:21 **In him the** whole building is joined together and rises to become a holy temple in the Lord.
- 2:22 **And in him** you too are being built together to become a dwelling in which God lives by his Spirit.
- 3:4 **In reading** this, then, you will be able to understand my insight into the mystery of Christ,
- 3:5 **which was** not made known to people in other generations as it has now been revealed by the Spirit to God's holy apostles and prophets.
- 3:6 **This mystery** is that through the gospel the Gentiles are heirs together with Israel, members together of one body, and sharers together in the promise in Christ Jesus.
- 3:10 **His** intent was that now, through the church, the manifold wisdom of God should be made known to the rulers and authorities in the heavenly realms,
- 3:11 **according** to his eternal purpose that he accomplished in Christ Jesus our Lord.
- 3:12 **In him and** through faith in him we may approach God with freedom and confidence.
- 3:14 **For this reason I** kneel before the Father,
- 3:15 **from whom** every family in heaven and on earth derives its name.
- 3:20 **Now to** him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us,
- 3:21 **to him** be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.
- 4:1 **As a** prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.
- 4:2 **Be completely** humble and gentle; be patient, bearing with one another in love.
- 4:3 **Make** every effort to keep the unity of the Spirit through the bond of peace.

- 4:4 **There is one** body and one Spirit, just as you were called to one hope when you were called;
- 4:5 **one Lord**, one faith, one baptism;
- 4:6 **one God** and Father of all, who is over all and through all and in all.
- 4:7 **But to** each one of us grace has been given as Christ apportioned it.
- 4:14 **Then** we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming.
- 4:15 **Instead**, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ.
- 4:16 **From him** the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.
- 4:25 **Therefore each** of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body.
- 4:26 **"In your anger** do not sin": Do not let the sun go down while you are still angry,
- 4:27 **and do not give** the devil a foothold.
- 4:28 **Anyone** who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.
- 4:29 **Do not let** any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.
- 4:30 **And do not grieve** the Holy Spirit of God, with whom you were sealed for the day of redemption.
- 4:31 **Get** rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.
- 4:32 **Be kind** and compassionate to one another, forgiving each other, just as in Christ God forgave you.
- 5:1 **Follow** God's example, therefore, as dearly loved children
- 5:2 **and walk** in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.
- 5:15 **Be very** careful, then, how you live—not as unwise but as wise,
- 5:16 **making** the most of every opportunity, because the days are evil.
- 5:17 **Therefore do** not be foolish, but understand what the Lord's will is.
- 5:21 **Submit** to one another out of reverence for Christ.

- 5:22 **Wives, submit yourselves to your own** husbands as you do to the Lord.
- 5:23 **For the husband** is the head of the wife as Christ is the head of the church, his body, of which he is the Savior.
- 5:24 **Now as** the church submits to Christ, so also wives should submit to their husbands in everything.
- 5:28 **In this** same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.
- 5:29 **After** all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church—
- 5:30 **for we are members** of his body.
- 5:31 **“For this reason a** man will leave his father and mother and be united to his wife, and the two will become one flesh.”
- 5:32 **This is** a profound mystery—but I am talking about Christ and the church.
- 5:33 **However,** each one of you also must love his wife as he loves himself, and the wife must respect her husband.
- 6:1 **Children, obey your parents in the** Lord, for this is right.
- 6:2 **“Honor** your father and mother”—which is the first commandment with a promise—
- 6:3 **“so that** it may go well with you and that you may enjoy long life on the earth.”
- 6:4 **Fathers, do not exasperate** your children; instead, bring them up in the training and instruction of the Lord.
- 6:7 **Serve** wholeheartedly, as if you were serving the Lord, not people,
- 6:8 **because you know** that the Lord will reward each one for whatever good they do, whether they are slave or free.
- 6:10 **Finally, be** strong in the Lord and in his mighty power.
- 6:11 **Put on** the full armor of God, so that you can take your stand against the devil’s schemes.
- 6:12 **For our** struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.
- 6:13 **Therefore put** on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

- 6:14 **Stand** firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place,
- 6:15 **and with** your feet fitted with the readiness that comes from the gospel of peace.
- 6:16 **In addition** to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.
- 6:17 **Take** the helmet of salvation and the sword of the Spirit, which is the word of God.
- 6:18 **And pray** in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.
- 6:23 **Peace** to the brothers and sisters, and love with faith from God the Father and the Lord Jesus Christ.
- 6:24 **Grace to** all who love our Lord Jesus Christ with an undying love.

Philippians

- 1:4 **In all** my prayers for all of you, I always pray with joy
- 1:5 **because of your** partnership in the gospel from the first day until now,
- 1:6 **being** confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.
- 1:20 **I eagerly** expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death.
- 1:21 **For to** me, to live is Christ and to die is gain.
- 2:3 **Do nothing** out of selfish ambition or vain conceit. Rather, in humility value others above yourselves,
- 2:4 **not looking** to your own interests but each of you to the interests of the others.
- 2:5 **In your relationships** with one another, have the same mindset as Christ Jesus:
- 2:6 **Who, being** in very nature God, did not consider equality with God something to be used to his own advantage;
- 2:7 **rather,** he made himself nothing by taking the very nature of a servant, being made in human likeness.
- 2:8 **And being** found in appearance as a man, he humbled himself by becoming obedient to death— even death on a cross!

- 2:9 **Therefore God** exalted him to the highest place and gave him the name that is above every name,
- 2:10 **that** at the name of Jesus every knee should bow, in heaven and on earth and under the earth,
- 2:11 **and every** tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.
- 2:12 **Therefore, my** dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling,
- 2:13 **for it is God** who works in you to will and to act in order to fulfill his good purpose.
- 3:7 **But whatever** were gains to me I now consider loss for the sake of Christ.
- 3:10 **I want to** know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death,
- 3:11 **and so**, somehow, attaining to the resurrection from the dead.
- 3:12 **Not that** I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me.
- 3:13 **Brothers and sisters, I** do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead,
- 3:14 **I press** on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.
- 3:20 **But our** citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ,
- 3:21 **who, by** the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.
- 4:4 **Rejoice** in the Lord always. I will say it again: Rejoice!
- 4:5 **Let your gentleness** be evident to all. The Lord is near.
- 4:6 **Do not be anxious** about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.
- 4:7 **And the** peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
- 4:8 **Finally, brothers** and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

- 4:11 **I am** not saying this because I am in need, for I have learned to be content whatever the circumstances.
- 4:12 **I know** what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.
- 4:13 **I can** do all this through him who gives me strength.
- 4:19 **And my** God will meet all your needs according to the riches of his glory in Christ Jesus.

Colossians

- 1:15 **The Son** is the image of the invisible God, the firstborn over all creation.
- 1:16 **For in him** all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him.
- 1:17 **He is** before all things, and in him all things hold together.
- 1:18 **And he** is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy.
- 1:19 **For God** was pleased to have all his fullness dwell in him,
- 1:20 **and through** him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.
- 1:21 **Once** you were alienated from God and were enemies in your minds because of your evil behavior.
- 1:24 **Now I** rejoice in what I am suffering for you, and I fill up in my flesh what is still lacking in regard to Christ's afflictions, for the sake of his body, which is the church.
- 1:25 **I have become** its servant by the commission God gave me to present to you the word of God in its fullness—
- 1:26 **the mystery** that has been kept hidden for ages and generations, but is now disclosed to the Lord's people.
- 1:27 **To them** God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory.
- 2:2 **My** goal is that they may be encouraged in heart and united in love, so that they may have the full riches of complete understanding, in order that they may know the mystery of God, namely, Christ,

- 2:3 **in whom** are hidden all the treasures of wisdom and knowledge.
- 2:6 **So then**, just as you received Christ Jesus as Lord, continue to live your lives in him,
- 2:7 **rooted** and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.
- 2:8 **See** to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces of this world rather than on Christ.
- 2:9 **For in Christ all** the fullness of the Deity lives in bodily form,
- 2:10 **and in Christ** you have been brought to fullness. He is the head over every power and authority.
- 3:1 **Since, then**, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God.
- 3:2 **Set** your minds on things above, not on earthly things.
- 3:3 **For you** died, and your life is now hidden with Christ in God.
- 3:4 **When** Christ, who is your life, appears, then you also will appear with him in glory.
- 3:5 **Put to** death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry.
- 3:6 **Because of these**, the wrath of God is coming.
- 3:7 **You used** to walk in these ways, in the life you once lived.
- 3:8 **But now you** must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips.
- 3:9 **Do not lie** to each other, since you have taken off your old self with its practices
- 3:10 **and have** put on the new self, which is being renewed in knowledge in the image of its Creator.
- 3:11 **Here** there is no Gentile or Jew, circumcised or uncircumcised, barbarian, Scythian, slave or free, but Christ is all, and is in all.
- 3:12 **Therefore, as God's** chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.
- 3:13 **Bear** with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.
- 3:14 **And over** all these virtues put on love, which binds them all together in perfect unity.

- 3:15 **Let the peace** of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.
- 3:16 **Let the message** of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.
- 3:17 **And whatever** you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.
- 3:18 **Wives, submit yourselves to your husbands**, as is fitting in the Lord.
- 3:19 **Husbands**, love your wives and do not be harsh with them.
- 3:20 **Children, obey your parents in everything**, for this pleases the Lord.
- 3:21 **Fathers, do not embitter** your children, or they will become discouraged.
- 3:22 **Slaves**, obey your earthly masters in everything; and do it, not only when their eye is on you and to curry their favor, but with sincerity of heart and reverence for the Lord.
- 3:23 **Whatever** you do, work at it with all your heart, as working for the Lord, not for human masters,
- 3:24 **since you** know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.
- 4:2 **Devote** yourselves to prayer, being watchful and thankful.
- 4:5 **Be wise** in the way you act toward outsiders; make the most of every opportunity.
- 4:6 **Let your conversation** be always full of grace, seasoned with salt, so that you may know how to answer everyone.

Philemon

- 1:4 **I always** thank my God as I remember you in my prayers,
- 1:5 **because I** hear about your love for all his holy people and your faith in the Lord Jesus.
- 1:6 **I pray** that your partnership with us in the faith may be effective in deepening your understanding of every good thing we share for the sake of Christ.
- 1:7 **Your** love has given me great joy and encouragement, because you, brother, have refreshed the hearts of the Lord's people.

PROGRESS CHECKLIST

Below is a complete listing of this year's quotes (232 total). As you learn each verse, mark the box next to it with an . Before long, you will have them all memorized and will have hidden them in your heart!

Gal 1 (7)

- 1:3
- 1:4
- 1:5
- 1:9
- 1:10
- 1:11
- 1:12

Gal 2 (5)

- 2:17
- 2:18
- 2:19
- 2:20
- 2:21

Gal 3 (22)

- 3:6
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Gal 4 (7)

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Gal 5 (15)

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- 5:26

Gal 6 (11)

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Eph 1 (6)

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Eph 2 (17)

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Eph 3 (10)

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Eph 4 (18)

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Eph 5 (15)

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Eph 6 (17)

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Php 1 (5)

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Php 2 (11)

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Php 3 (8)

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Php 4 (9)

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Col 1 (11)

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Col 2 (7)

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Col 3 (24)

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Col 4 (3)

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- 4:6

Phm 1 (4)

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- 1:7



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