

Digging Deeper

g e p c p

**Galatians, Ephesians,
Philippians, Colossians,
and Philemon**

STUDY GUIDE

This book contains daily devotional readings, a prayer journal and individual study plans designed to help quizzers get the most out of their Bible Quizzing experience.
A great companion to the *Digging Deeper Review Questions Book*.

Exclusively from
**ACME**
QUIZ PRODUCTS

DIGGING DEEPER SERIES

STUDY GUIDE:

GALATIANS, EPHESIANS, PHILIPPIANS, COLOSSIANS, AND PHILEMON

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Committed To My Success

It is my desire to make this year in quizzing successful in every way: in competition, understanding of the Word, and a closer walk with God.

To achieve this, I commit myself to the following study plan:

(Study plan 1, 2, or 3; learn memory verses, memorize text, daily devotions, etc.)

A Cloud of Witnesses:

As parent, I commit myself to actively support and encourage my teen's study of God's Word. I will do what I can to help with study at home and will attend at least one quiz meet this year.

signed _____ Date _____

As coach, I commit myself to be prepared for quiz practices and to foster an environment where quizzing and learning God's Word are enjoyable.

signed _____ Date _____

I realize that anything worthwhile takes effort. I commit myself to do my best to follow through on my study plan. I allow myself to be accountable to my parents, my coach, and to God. I am thankful that they love me and want me to succeed in this area of my life.

signed _____ Date _____

Overview Of The Digging Deeper System

The *Digging Deeper Series* of study aids was designed specifically for Teen Bible Quizzing. Using these tools will help you get the most out of quizzing – both in gaining knowledge, and in helping you put that new knowledge into practice (the ultimate goal of your study).

This Study Guide is the cornerstone of the *Digging Deeper* system. It includes daily devotionals, three levels of daily study plans, and a devotional journal. It is the foundation of an effective study plan and for helping you make a daily walk with our Lord Jesus a reality. In this book, you will be challenged to think about the Word, and then put your newfound insights into action.

The Review Questions book is an integral part of the *Digging Deeper* system. It includes all of the review questions needed to complete any of the three levels of study plans in this *Study Guide*. There are about 500 unique questions for each of the three levels and there are 1000 additional questions included as supplements. In total, the *Review Book* has about 2500 questions – plenty for a thorough coverage of the material.

The QuizMaster computer software has become the standard for effective question study and review. Like the *Review Questions* book, it too contains each of the questions from the *Study Guide's* three study plans, and a significant number more. In fact, it contains the largest collection of questions that we offer. Featuring many tools for question study, review, and printing, it is a wonderful tool for those who have a computer, and invaluable for helping the coach prepare study material for practices.

Help your quizzers learn their quotes and watch them soar. Our Quote System includes flashcards with the memory verse on one side and the reference on the other, an audio CD with each verse read aloud, and a booklet with study plans and techniques, prejump lists, progress chart, and more.

And finally, the Dramatized Audio CD will bring the text to life. Also tied to the daily study plans of the *Study Guide*, each character in the text is read by a different dramatic voice. The more senses you involve in the learning process, the better you learn; and being able to hear the Word dramatized is a big help in retaining the Scripture. This CD is especially useful for auditory learners and younger quizzers.

We pray that your study of God's Word this year will be a rewarding adventure, full of new insights and challenges, and that you will take the time to let God change you – not only your mind, but your heart as well.

May you grow in the knowledge and understanding of God's grace.

Your friends at ACME Quiz

Getting The Most Out Of Bible Quizzing

Often you will hear people say that “learning God’s Word and applying it to your life” is the most important goal of Bible Quizzing. But sometimes it is hard to see this goal being realized when so much emphasis is put on the competitive aspect of quizzing. This is not really anyone’s fault. Available study material has been mostly centered on learning questions (for example, question books, lists, concordances, etc.). And because practices are rarely long enough, it is hard to spend a lot of time digging into the Word.

The only way, really, to accomplish this goal of knowing God more fully through his Word is to spend time in personal devotion and prayer. And that is where this *Study Guide* comes in. As you follow the daily study plans to help you learn the material, you will also be reflecting on the Scripture in daily devotions. Each day’s devotional parallels the material that you are quizzing on, so it will be more relevant to you. If you are going to have a daily quiet time with God, doesn’t it make sense to base your devotions around the material you are quizzing on?

The devotionals have been designed to encourage reading, reflection, journaling, spiritual growth, and a strong heart of prayer. Let’s look at each of these disciplines in more detail:

Reading

Each day’s devotional has a brief story to lead you into thinking about Scripture and its application to your life. Just as Jesus often taught in parables, the short stories will make the Scripture relevant with insights from today’s world.

Reflect

Following the reading of the scripture passage and the introductory story, the devotionals encourage you to reflect and begin to think about how the Word can be relevant in your life.

Journal

Journaling is a wonderful way to help the Word take root. By putting your thoughts on paper, you will be able to chart your progress and growth. You will be challenged to dig deeper, seeking God’s direction for your life. Don’t skip over this activity in your devotions.

Grow

This is your opportunity to “DO”, and not just “LEARN”. James says, “Do not merely listen to the Word... do what it says.” In this part of the daily devotional, you will be challenged to do just that – take the seed planted in you and grow closer to God as you do his will and become what he created you to be.

Pray

Each devotional is summed up with a simple prayer. Make that prayer the cry of your heart. Tell God how much he means to you and seek his face. Then watch as his Spirit comes alive in you.

This year, take quizzing to a whole new level as you explore what God has in store for you!

Choosing Your Study Plan

Before you jump into studying, it is a good idea to take stock of your resources – to come up with a plan. This Study Guide includes three study plans suited for most skill levels. The one you choose will depend upon a number of factors: your skill and experience, your circumstances, your support system, and your desire. Let's look at these briefly by asking you some questions.

Skill and Experience: Do you know how to take a study plan and follow through with it? What kind of grades do you get in school? Have you ever quizzed before?

Circumstances and Available Time: Sometimes, but not always, older quizzers know how to make better use of their time. Do you have plenty of time to study? Do you have a job after school? Are you home-schooled? Quizzing takes time, and you want to take stock of the time that you have before you commit to any plan of study.

Support System: Think about your support system – your family and friends. Are they usually an encouragement, or a discouraging force? Will they help you reach your study goals, or will they drag you down? You want to be surrounded by people who will encourage you and are committed to your success.

Desire and Motivation: This is probably the most important factor in achieving success in quizzing. Are you self-motivated, or do you require someone to “push” you? Can you focus on a goal, or do you start things, but never finish them? Are you quizzing because you want to, or because your parents told you that you must... or because your friends are doing it?

The way you answer these questions should influence the decision you make about a plan of study. Let's look at the different study plans in this *Study Guide*:

Level 1 Study Plan (“Contributor”): By following this plan, you will be a consistent contributor to your team at quiz meets. You will gain a solid understanding of the material and should have a good idea of how to answer most questions. In addition to the time it takes to do your devotions, this plan is designed to take about 30 minutes a day.

Level 2 Study Plan (“Top-20” Quizzer): This plan is designed to help you finish in the Top-20 in your district. By following it, you will have a solid knowledge of the material and should be able to answer almost any question. If you add memory verses to this study plan, you should finish in the Top-10 in your district. Commitment is about 45 minutes a day.

Level 3 Study Plan (“National-level” Quizzer): This plan requires the greatest amount of daily study time, but will provide the greatest rewards. Following it should help make you a “national level” quizzer. You will want to supplement this plan with memory verses, or possibly memorization of the entire text. Commitment is about 60-90 minutes a day.

There is not any “best” plan, only the plan that is best for you. You may want to sit down with your coach to supplement your study plan with additional study activities. Room in the daily study plans has been left to write in these activities each day.

After you have chosen a plan, make sure that you fill out the “Committed To My Success” certificate on page 2 and have a parent and coach sign it. Then photocopy it and put it on your refrigerator to remind you of what great things are ahead as you learn God's Word this year.

Understanding The Daily Study Plans

All three of the daily study plans work the same way: each starts with a short devotional, and then lists specific steps to follow. To the left of each step is a check box () to check when you finish that step.

Careful thought has gone into providing a balance of new material and review of old material. By the time you finish your study plan, you will have gained a solid understanding of the material through systematic study and review. Let's look at a sample week's Level 3 plan for Chapter 7:

Sample Daily Plan	Explanation of what to do for each step of the study plan.
<input type="checkbox"/> Daily devotions <input type="checkbox"/> Read / listen to ch 6 (2x) <input type="checkbox"/> Read w/ reps 7:1-13 <input type="checkbox"/> Qs: ALL 7:1-13 ①②③ <input type="checkbox"/> _____	Day 1. Study the daily devotional and see what God wants to teach you this day. To get an overview of the material, read chapter 7 twice, listening to the audio CD (if you have one). Then read again with repetition. Next, using <i>The QuizMaster</i> software, or a review questions book, study all of the Level 1, 2 and 3 questions for 7:1-13. Finally, if your coach gave you an additional study task, do that.
<input type="checkbox"/> Daily devotions <input type="checkbox"/> Read / listen to ch 7 (2x) <input type="checkbox"/> Read w/ reps 7:14-24 <input type="checkbox"/> Qs: ALL 7:14-24 ①②③ <input type="checkbox"/> _____	Day 2. Start with your devotions, then read chapter 7 twice (again using your listening CD, if you have one). Then read with repetition 7:14-24. Use <i>The QuizMaster</i> to study all of the Level 1, 2, and 3 questions for 7:14-24. And finally, do any additional task your coach assigned.
<input type="checkbox"/> Daily devotions <input type="checkbox"/> Read / listen to ch 7 (2x) <input type="checkbox"/> Read w/ reps 7:25-53 <input type="checkbox"/> Qs: ALL 7:25-53 ①②③ <input type="checkbox"/> _____	Day 3. Do devotions, read and listen to chapter 6 twice, read with repetition 7:25-53, and study ALL Level 1, 2 and 3 questions from 7:25-53. Finally, do any additional task your coach assigned.
<input type="checkbox"/> Daily devotions <input type="checkbox"/> Read / listen to ch 1-4 <input type="checkbox"/> Qs: 40 from ch 1-4 ①②③ <input type="checkbox"/> _____	Day 4. Do devotions, read and listen to chapters 1-4, and then review 40 questions from chapters 1-4 using the QuizMaster software or a review question book. (Note that the first part of each week covers new material, then you review older material the last few days.) Finally, do any additional task your coach assigned.
<input type="checkbox"/> Daily devotions <input type="checkbox"/> Read / listen to ch 5-7 <input type="checkbox"/> Qs: 40 from ch 5-7 ①②③ <input type="checkbox"/> _____	Day 5. Do devotions, read and listen to chapters 5-7, then review 40 questions from chapters 5-7. Finally, do any additional task your coach assigned.

As you get into the year, you will notice that each week's study plan has a good balance of new and old material. Review is critical if you are going to learn the material well.

Study questions to complete the daily study plans can be found in one of two sources: *The QuizMaster* computer software or the *Digging Deeper Review Questions* book. Both are available from ACME.

Level 2 uses questions marked with a ① or a ② in the *Review Questions* book, or the Level 2 collection in *The QuizMaster*. Level 3 study sessions require questions marked with a ①, ②, or ③, or the Level 3 collection in *The QuizMaster*.

Additionally, Level 3 plans often suggest "Reading with reps". Repetition reading is a method of study where you read one verse, then read that verse and the next, then 1-3, 1-4, and 1-5. After five verses, you start a new pattern 6, 6-7, 6-8, 6-9, and then 6-10. After the second group, Reread 1-10. Then start the next group: 11, 11-12, 11-13, 11-14, 11-15 and then 1-15. Continue in groups of 5 until you have covered all the material. Note: this is only one reading method; you should work with your coach to pick a method that is best for you.

Finally, don't worry if you miss a day. These study plans were designed for five days of study each week, so if you miss a day, you can easily make it up on another day. Just do your best to follow the plan, keeping your practices short, and not combining them. What you learn will stick with you much better if you develop this consistency.

DAILY DEVOTIONS & STUDY PLANS

Level 1 Plan

Day 1

- Daily devotions
- Read/listen to G1
- Qs: ALL G1:1-10 ①
- _____

Day 2

- Daily devotions
- Read/listen to G1
- Qs: ALL G1:11-24 ①
- _____

Day 3

- Daily devotions
- Read/listen to G1
- Qs: ALL from G1 ①
- _____

Day 4

- Daily devotions
- Read/listen to G1
- Qs: ALL from G1 ①
- _____

Day 5

- Daily devotions
- Read/listen to G1
- Qs: ALL from G1 ①
- _____

Level 2 Plan

Day 1

- Daily devotions
- Read/listen to G1 (2x)
- Qs: ALL G1:1-10 ①②
- _____

Day 2

- Daily devotions
- Read/listen to G1 (2x)
- Qs: ALL G1:11-24 ①②
- _____

Day 3

- Daily devotions
- Read/listen to G1 (2x)
- Write 10 Qs from G1
- Qs: ALL from G1 ①②
- _____

Day 4

- Daily devotions
- Read/listen to G1 (2x)
- Write 10 Qs from ch 1
- Qs: ALL from G1 ①②
- _____

Day 5

- Daily devotions
- Read/listen to G1 (2x)
- Qs: ALL from G1 ①②
- _____

Galatians 1: For God Alone

"Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ." (v. 10) — NIV

Day 1: Sent By God

Reading: Galatians 1:1-5

The package arrived just in time for Matt's birthday. How exciting it was to receive a parcel! Matt was even more excited when he realized WHO had sent the package—his grandparents whom he loved and respected greatly. As he held the package in his hands, memories began to flood his mind—wonderful memories of time spent with his grandmother playing on the warm, white sandy beaches of North Carolina and of traversing the ocean in a boat with his grandfather. Those memories were more precious to Matt than any gift his grandparents could ever send. Knowing who sent the gift made all the difference in the world to him.

Likewise, the apostle Paul knew it would make all the difference in the world if he told others that God had sent him. Paul knew the power is in the sender. If people focused more on God and less on Paul, the message would have a greater impact. What about you? Do you see yourself as being sent by God? Who is a part of your mission field? If you're unsure, listen up! God has something to say to you this year through Bible Quizzing!

Reflect Read verse 1 carefully. It is evident that Paul wanted to make it very clear that God had sent him. Do you allow God to order your days? Do you give him credit for every good thing that comes your way, knowing the power is in the one who sends us out to do good deeds? Read 1 Corinthians 2:1-5.

Journal Write in your journal about a time when you received a package or letter from someone you highly regarded. Were you excited? Write your feelings in your journal. Make a list of ways you can begin to acknowledge and highly regard God in a deeper way.

Grow Read back through verse 5. Paul gives God the glory. Does your life bring glory and honor to God? Matt recognized and acknowledged all his grandparents had contributed to his life as he reminisced. Do you give God thanks when you receive good gifts in life? Do you respect and acknowledge the gift-giver?

Pray *"Lord, I pray my relationship with you will grow deeper each day. May my life will be filled with joy, and may I recognize and acknowledge you in every aspect of my life. Amen."*

Day 2: No Room for Confusion

Reading: Galatians 1:6-9

We live in an amazing age. We can access information faster and more reliably than ever before. With internet access available nearly everywhere we go, we can find the answer to relatively any question we have. And all of this can be done on devices that are small enough to fit into our pockets. Have you ever stopped to think about how amazing that is? The answers truly are at our fingertips these days.

Yet with all of this ever-increasing access to information, it becomes even more imperative that we know God's stand on the big issues. It's easier and easier to find differing viewpoints on nearly every issue and the truth of God's Word interpreted 1,000 different ways across the internet. It's easy for a Christian to fall into confusion if he or she is not regularly spending time in God's Word and allowing his truth to speak more loudly than the many voices of the world. Technology is wonderful, but it also requires responsibility. Don't let your Bible gather dust! Daily study his Word and there will be no room for confusion!

Reflect How can studying God's Word through Quizzing help you avoid confusion when it comes to the false teachings presented across the internet, in your school, at your job or among your friends?

Journal Write in your journal three ways studying God's Word has kept you from confusion. Are there certain things that stand out to you in Scripture as being completely opposed to something the rest of the world has decided is okay (or vice versa)?

Grow Be willing to share the truths you have learned from studying God's Word with others. When you or a friend deal with issues that are confusing in your life, go to God's Word for direction and clear guidance.

Pray *"God, thank you for your Word that is absolute truth. Teach me to recognize false teaching in my life. I want to stand strong in a world that often seems confused. Amen."*

Day 3: To Please God

Reading: Galatians 1:10-12

Jessie sighed. Today was her Sunday to work in the nursery. It wasn't that she didn't like children—she did! It was just that her service in the nursery took her away from her true area of ministry—music.

Jessie felt called by God to use her musical talents to make a joyful noise unto him. But Mrs. Cunningham, the nursery director, made her feel guilty for not serving in the nursery. There was a need, after all, and if she didn't step up, who would?

If Jessie had read today's passage, she would have realized that it's more important to do what GOD wants us to do than to worry about what PEOPLE think. If we all pull our own weight where HE places us, the church (his body) will function just as it's supposed to!

- Reflect** Prayerfully consider if there's any area of your life where you're more worried about pleasing people than God.
- Journal** Write verse 10 in your journal, along with the situation God brought to mind. Write out a prayer to God for strength to please him above all.
- Grow** Pray each day this week for God to guide your steps, so that they're pleasing to him.
- Pray** *"Lord, may everything I do honor you. Help me to care less about what people think and more about pleasing you. Amen."*

Day 4: Unfounded Guilt

Reading: Galatians 1:13-17

Adam used to live a life of guilt. Having not been raised in a Christian home, his past included drugs, alcohol, and other sins that he thought were just too "big" for a Christian to get over. When he first became a Christian, his past would haunt him and he doubted God could use him for anything significant.

However, as Adam became more and more familiar with the Bible, he realized that almost everyone in God's story had a "colorful" past. There were murderers, adulterers, liars, cheaters, and others that became heroes of the faith despite their rocky starts. The main difference was that they weren't slaves to their past as he had been.

The apostle Paul could have lived a life of guilt involving his previous persecution of the church. However, when God called him, he took the straight and narrow road of obedience. He didn't worry about it from a human perspective or wait for someone else to validate him as a disciple. He simply followed God and lived for him. How can God use you today?

- Reflect** What aspect of your past is Satan using to keep you from full obedience to God?
- Journal** Write a prayer of confession about anything you've done that you feel a constant state of guilt about. Write Psalm 103:12 next to your prayer.
- Grow** *Thank God for his COMPLETE forgiveness. Pray that he will give you a sense of peace and confidence in his forgiveness.*
- Pray** *"Father, thank you for forgiving every sin I confess. May I have confidence in your ability to remove my sins as far as the east is from the west! Amen."*

Day 5: Stumbling Block Or Stepping Stone?

Reading: Galatians 1:18-24

Jodi could not forgive herself. How could she have fallen so far away from the things of God? But a wonderful thing about God is that he has the power to forgive us when we can't even forgive ourselves. When Jodi confessed her sin to him, she immediately experienced his forgiveness. In that moment she totally surrendered her guilt. Her friends noticed the change right away, for the girl who made no eye contact before and lived a life of shame now locked eyes with whoever she talked to and joyfully shared how God had freed her.

Jodi allowed God to use the bad choices in her life in a redemptive way. Instead of allowing the enemy to use her past as a spiritual stumbling block, Jodi determined in her heart to find victory in sharing as a testimony the power of God over sin. In doing so, she made it a stepping-stone for others to do the same! What will you choose to do with your mistakes?

- Reflect** Re-read verse 23. Paul had been forever changed. Once a sinner persecuting Christians, Paul was now representing Christ's power to forgive—and representing him well! Does your life represent Christ well, despite the life you lived before coming to know him?
- Journal** Write in your journal three ways your life represents Christ well. Write down one thing that Satan has tried to use as a spiritual stumbling block in your life.
- Grow** Determine in your heart to allow Christ to use your greatest spiritual stumbling block, making it a stepping stone instead.
- Pray** *"Lord, thank you for your forgiving power in my life. Thank you for Paul's example of what that power can do for me if I am surrendered to your will. Take my life and make it a powerful testimony to others as well, that I may be a stepping stone rather than a stumbling block to them. Amen."*

Level 3 Plan

- Day 1**
- Daily devotions
 - Read/listen to G1 (2x)
 - Read w/ reps G1:1-10
 - Qs: ALL G1:1-10 1 2 3
 - _____

- Day 2**
- Daily devotions
 - Read/listen to G1 (2x)
 - Read w/ reps G1:11-24
 - Qs: ALL G1:11-24 1 2 3
 - _____

- Day 3**
- Daily devotions
 - Read/listen to G1 (2x)
 - Write 10 Qs from G1
 - Qs: ALL from G1 1 2 3
 - _____

- Day 4**
- Daily devotions
 - Read/listen to G1 (2x)
 - Write 10 Qs from G1
 - Qs: ALL from G1 1 2 3
 - _____

- Day 5**
- Daily devotions
 - Read/listen to G1 (2x)
 - Qs: ALL from G1 1 2 3
 - _____

SPIRITUAL GROWTH JOURNAL

Getting God's Word from the HEAD to the HEART

Date

I'm listening Lord...

1/1

James 1:22 — "Don't merely listen to the Word... do what it says." Lord, help me, as I study your Word this year, to allow it to go beyond my mind to my heart. I'm listening...

