

**Digging Deeper**

# **Jonah LUKE**

**Free Methodist  
Edition**

## **quote system**

This package contains everything you will need to aid you in learning this year's quotes: Flash Cards, Study Plans, Checklists, and Helpful Study Techniques.

Learn God's Word for LIFE!

Exclusively from  
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# PACKAGE CONTENTS

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Included in this package are the following:

- **Quote Flash Cards.** Each quote is on a flash card, with one side containing the complete quote, and the other side containing the prejump on one end, and the reference on the other.
- **Card Carrying Pouch.** This clear vinyl carrying pouch holds up to 50 flash cards at a time. It will protect your flash cards and help them last a lot longer, and its convenient size will allow you to carry your flash cards everywhere.
- **Study Guide Booklet.** This booklet includes many features that will aid you in successfully learning your quotes. Included are sections on setting study goals, assessing your learning style, study tools and techniques, a complete listing of verses, single- and multi-verse prejump lists, and a progress chart.

# DIGGING DEEPER QUOTE SYSTEM

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Congratulations! You are about to embark on a voyage that, if you let it, can change your life. David tells us in Psalm 119:11 — “I have hidden your word in my heart that I might not sin against you.” And we know that David was truly a man after God’s heart. Scripture lets us know God’s heart, and memorizing it allows his Spirit to speak to us in the most amazing ways! You will be surprised how the Spirit, one year from now, or even ten or twenty years, will bring to mind some passage of Scripture that you have committed to memory. Be fertile soil and let the Seed of God’s Word grow deep!

## SETTING YOUR GOALS

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Jesus tells this parable: “Suppose one of you wants to build a tower. Will he not first sit down and estimate the cost to see if he has enough to complete it? For if he lays the foundation and is not able to finish it, everyone who sees it will ridicule him...”

Now it is unlikely that your friends will ridicule you if you set out to learn the quotes this year and don’t succeed in doing so, but memorizing Scripture—especially memorizing large amounts of it—is not something to be entered into lightly. You want to make sure you take stock of your resources and enter into your plan with the greatest likelihood of success. You will want to count the costs and, with God’s help, set up a plan for success.

### **Why Memorize Scripture?**

If you are going to memorize Scripture, it is important that you know why you are doing it. Of course, learning the quotes will make you a better quizzer, but if that is all it does for you, then you are in danger of being like one of the Pharisees or teachers of the Law who were white-washed tombs full of dead men’s bones. They studied and knew the Scripture inside and out, but did not understand or obey it.

As Christians, we are in a battle of epic proportions, and it is important that we be fully armed—this includes having a sharp sword of the Spirit, which is the Word of God. Strive to “Learn God’s Word for LIFE.”

## Count The Costs

Before you jump into memorization, it is a good idea to take stock of your resources—to come up with a plan. Your success will depend on a number of factors: skill and experience, circumstances, support system, and desire. Let's look at these briefly by asking you some questions.

***Skill and Experience.*** Do you know how to take a study plan and follow through with it? What kind of grades do you get in school? Have you ever memorized before?

***Age, Circumstances and Time.*** Sometimes, but not always, older quizzers know how to make better use of their time. Do you have time in your life to memorize Scripture? Do you have a job after school? Are you home-schooled? Quizzing takes time, and you want to take stock of the time that you have before you commit to any plan of long-term study.

***Support System.*** Think about your support system—your family and friends. Are they usually an encouraging or discouraging force? Will they help you reach your study goals, or will they drag you down? You want to be surrounded by people who will encourage you and are committed to your success.

***Desire and Motivation.*** This is probably the most important factor in achieving success in quizzing. Are you self-motivated, or do you require someone to “push” you? Can you focus on a goal, or do you start things and never finish them? Are you memorizing Scripture because you want to, or because your parents, or friends, want you to do it?

These questions were not meant to discourage you from setting out on this worthy journey, but to help you take a realistic look at your likelihood for success. We can't overcome our limitations unless we first recognize them. But after recognizing them, you can overcome them with determination. So take stock of your resources, and build that tower!

## Develop A Plan

Use this Study Guide to help you develop a plan. Taking into account your particular learning style, your skill, available time, support system, and motivation, read the sections “Overview of Learning Styles” and “Tools and Techniques” to help put together a plan that is right for you.

And don't get discouraged if it seems hard at first. Most ventures of lasting value require effort, but the benefit you reap will be eternal!

# OVERVIEW OF LEARNING STYLES

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When it comes to learning, each person is different, and each has a style of learning that suits him best. Here is a brief overview of some common learning styles:

**Visual Learners.** Visual learners enjoy using pictures, images, colors and maps to help them organize and retain information. They also use them when communicating with others.

Drawing a representative picture of the verse on the back of the flash card may aid this learner in memorizing Scripture. Coming up with mental pictures which contain plenty of action can also help.

**Aural Learners.** Aural learners enjoy sounds and music. They usually have good rhythm and can often sing or play a musical instrument. Making the verse into a song may be this learner's preferred method of study. They will also benefit from quoting the verses aloud.

**Verbal Learners.** These learners find it easy to express themselves, both verbally and in writing. They generally enjoy reading, writing, and public speaking. They may benefit from writing out the verses. (This exercise is also useful for the Physical Learner.) As with the Aural Learner, this learner should practice quoting the verses aloud.

**Physical Learners.** Physical learners enjoy using their body, their hands, and their sense of touch to learn about the world around them. Often they are involved in sports, or enjoy exercise as a way of sorting through problems.

You can recognise this learner because they will physically act out a verse, walking about with great emotion. If this is your style, don't force yourself to sit at a desk. Get up, walk around, and act out God's Word. Be as expressive as you can. The more motion and emotion that you put into your recitation, the easier it will be for your mind to replay later.

**Logical Learners.** A logical learner can easily recognize patterns as well as find connections between seemingly meaningless content. They are great at math and solve problems in a very systematic way.

This learner will benefit by approaching the material systematically, learning first the references (as pegs to hang the verses on), and then sequentially learning each verse.

**Social Learners.** These learners prefer to study in groups or with other people. They listen well to others and often enjoy mentoring or counseling. Anywhere people are, that's where they will be.

This can be a blessing and a curse for someone trying to memorize. It normally takes more time for these learners to learn the verses because they need to be around others, but there isn't a better thing to do with your friends than learn Scripture!

**Solitary Learners.** Solitary learners like to work alone. They are private and independent, and generally like to plan ahead and set goals. This learner, though, needs to actively try to share God's Word with others, and not let it stay bottled up for no one else to hear.

Most people learn using a combination of learning styles, with one style being predominant. Learning can be a frustrating thing if you don't know your learning style. When you start to recognize and understand your own particular styles for learning, you can use techniques better suited to you. This will greatly increase the speed with which you learn new material, and improve your ability to retain that new knowledge.

Memorization is not easy, but it can be easier if you gain a better understanding of your styles for learning and implement some of the techniques associated with those styles.

## TOOLS & TECHNIQUES

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In developing a plan, it is important to take stock of all your resources and know how to best use the tools available to you. This section will give you some tips on using the tools supplied in this package, as well as teach you some study techniques specific to scripture memory.

### Developing Reference Pegs

Before learning any of the verses, it is a good idea to first learn the references. You can get a list of the references by looking at the **Progress Checklist** included in this booklet.

Learning the references, in order, will aid you as you mentally "check off" each verse during review. We call them pegs, because on them you will be able to hang each learned verse.

## Using The Quote Flash Cards

Do you remember when you first learned to add and subtract? It is very likely that you used flash cards to aid you. Or maybe you have seen your friend's quote cards—usually handwritten 3"x5" cards—that took hours to prepare. Your friend carries them everywhere, because they are the easiest way to learn and review quotes.

The flash cards are numbered sequentially to allow you to easily put them back in reference order. Each card includes the verse on one side and the prejump and reference on the other.

Included in the package is a convenient vinyl carrying pouch to carry around 15-20 of the verses that you are currently working on.

Following are some suggestions for using the flash cards:

- **Active and correct stacks.** Create an "active stack" of cards that you want to work on. Then say the verse that is on the top of the stack, using that card to check your quotation. If you said the verse correctly, then place the card in your "correct stack"; otherwise, put the card back in your active stack (either in the middle or on the bottom). You will continue doing this until all cards have been removed from your active stack.
- **Finish this verse (and give the reference) practice.** Turn the flash cards so that the side with the prejump words is up, and rotate the cards so that the prejump words are on top. Then using the active and correct stack method above, read each prejump and attempt to complete the verse. If you get it correct, remove the card from the active stack; otherwise, reinsert the card into the stack.

Since single-verse quotes have different prejumps than multi-verse quotes, we recommend using a highlighter on the prejump words of your multi-verse flash cards to make those stand out and remind you that it is a multi-verse prejump.

- **Quote practice.** Use the same procedure as above for Finish this verse, but this time hold the cards so that the references are on top.

After you have learned the quotes in order, we recommend that you shuffle the cards and study them in random order. This will help your mind learn to retrieve them randomly, something that you will have to do in a quiz.

## Using Your 15-Minutes-es

We all are busy, but living a purpose-driven Christian life requires that we prioritize our commitments and use our time wisely (“for the days are evil”). The truth is, we all waste a lot of our day, and if we were just a little more wise in the use of our time, we could accomplish amazing things.

If we examine our day, we will find that we all have small gaps of unused time (“15-minutes-es”). These 15-minutes-es exist as we wait for our next class, wait in line for lunch, wait for the school bus, and so many other waiting and transition moments. If you can identify just one of these wasted gaps each day, and instead of losing the time forever, review your memory verses, then you will find that you don’t need to set aside much, if any, additional time—these gaps will be more than sufficient to learn and review your verses.

## The Rule of 7

There is a commonly held rule of learning—it is called the “Rule of 7.” That is, it takes seven concentrated retention efforts to move knowledge from short-term memory to long-term/permanent memory. In practice, this means that you must focus on a memory verse at least 7 separate times in order to make the verse a part of your permanent memory.

Applying this rule, spend 10 minutes or so learning the verse word-perfectly. Then review that verse at least 6 times in the following days. Finally, maintain your verses by reviewing them once a week.

# STUDY PLANS

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Now that you have taken stock of your resources and counted the costs, it is time to select a study plan that is right for you. The following is a brief survey of a variety of study plans that will help you reach your goal. You can use one of them, or combine the best of each into your own plan tailored to your needs.

## One-Week Plan

Alternately known as the “I’m Bored With Summer Plan” or “I Love Challenges Plan,” this plan requires seven consecutive days of availability and will take you 1-2 hours each day for success.

You will find that learning verses on the first day is easier than on the last, since on the last you must not only learn the new, but must also maintain the old. As a result, you should use a staggered learning schedule that learns fewer verses each day. With 39 verses this year, use the following plan. (The format is day followed by number of verses.)

1 (8)      2 (8)      3 (6)      4 (5)      5 (4)      6 (4)      7 (4)

## Two-Week Plan

A variation of the One-Week Plan, this plan will take about an hour each day for two weeks. As before, make sure that you review each day.

1 (5)      2 (4)      3 (4)      4 (4)      5 (4)      6 (4)      7 (OFF)  
8 (3)      9 (3)      10 (3)      11 (3)      12 (3)      13 (3)      14 (OFF)

## One-Month Plan

One month is plenty of time to learn your quotes. With a longer time span, we can take two days off each week and still accomplish our goal. You should plan to spend 20-30 minutes each day. Though not necessary, if you have the time, you may use Days 6 and 7 for review. Following is a sample schedule:

Week 1: 1 (3)      2 (3)      3 (3)      4 (3)      5 (3)  
Week 2: 1 (2)      2(2)      3(2)      4 (2)      5 (2)  
Week 3: 1 (2)      2 (2)      3 (2)      4 (2)      5 (1)  
Week 4: 1(1)      2 (1)      3(1)      4 (1)      5 (1)

With each of the three previous plans, daily review is essential to your success. Remember, it takes 7 focused retention efforts to move knowledge from short-term to long-term memory.

The One-Week, Two-Week, and One-Month plans are good plans to follow during summer vacation. The following plans are more appropriately implemented during the school year.

## **Quiz-Season-Long Plan**

This plan might also be called the “Just In Time Plan” since you will want to learn the verses in time for each quiz meet. Though you have a larger amount of time to accomplish this plan, you also have to balance school and other fall and winter commitments. You will want to make sure to balance learning new verses with consistent review.

## **“Bathroom-Time” Plan**

This plan, also called the “Shower Plan,” “Wash Dishes Plan,” or any other “Brain-Not-Engaged Plan” borrows on the 15-minute-es idea that if you can find time when your brain is not otherwise engaged, then you should use it productively. Find a brain-less activity that you do each day and this may be all the time you will need to learn your quotes. This plan is an effective way to implement the “Quiz-Season-Long Plan.”

## **“Learning-For-Life” Plan**

Most quizzers learn their verses for the year and then start fresh the next year, never reviewing previous years’ verses. While it would be overwhelming to try to add about 40-50 new verses every year, and then try to review all of the verses from previous years, it is completely possible to select a small number of “key verses” each year and make them part of a systematic review plan.

We encourage you to select ten verses each year that will become a permanent part of your systematic review. Then by the end of six years of quizzing, you will have hidden 60 verses in your heart!

We are so excited that you are determined to “dig deeper” and hide God’s Word in your heart. Let God’s Word change not only your mind, but your heart as well! And “Learn God’s Word for LIFE!”

# PROGRESS CHECKLIST

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Below is a list of all the quotes for the year and the quiz month that you will be required to know them.

As you learn each verse, mark the box next to it with an ☒. Before long, you will have them all memorized and will have hidden them in your heart!

## Month 1 (6 vs)

- Jonah 1:9
- Jonah 2:2
- Jonah 2:7
- Jonah 2:8-9
- Jonah 3:9-10
- Luke 11:33

## Month 2 (7 vs)

- Luke 12:2
- Luke 12:4-5
- Luke 12:8
- Luke 12:15
- Luke 12:22-23
- Luke 12:40
- Luke 13:29-30

## Month 3 (4 vs)

- Luke 14:11
- Luke 15:7
- Luke 15:31-32
- Luke 16:13

## Month 4 (5 vs)

- Luke 17:6
- Luke 17:10
- Luke 18:7-8
- Luke 18:16-17
- Luke 18:26-27

## Month 5 (4 vs)

- Luke 19:9-10
- Luke 19:38
- Luke 20:17-18
- Luke 20:38

## Month 6 (7 vs)

- Luke 21:14-15
- Luke 21:17-19
- Luke 21:33
- Luke 22:19-20
- Luke 22:31-32
- Luke 22:46
- Luke 22:69

## Month 7 (6 vs)

- Luke 23:34
- Luke 23:42-43
- Luke 23:46
- Luke 24:26-27
- Luke 24:36
- Luke 24:46-48

# COMPLETE LISTING OF VERSES

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## Jonah

- 1:9 **He answered**, "I am a Hebrew and I worship the LORD, the God of heaven, who made the sea and the dry land."
- 2:2 **He said**: "In my distress I called to the LORD, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry.
- 2:7 "**When** my life was ebbing away, I remembered you, LORD, and my prayer rose to you, to your holy temple.
- 2:8-9 "**Those who cling** to worthless idols turn away from God's love for them. But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good. I will say, 'Salvation comes from the LORD.'"
- 3:9-10 **Who** knows? God may yet relent and with compassion turn from his fierce anger so that we will not perish." When God saw what they did and how they turned from their evil ways, he relented and did not bring on them the destruction he had threatened.

## Luke

- 11:33 "**No one lights** a lamp and puts it in a place where it will be hidden, or under a bowl. Instead they put it on its stand, so that those who come in may see the light.
- 12:2 **There** is nothing concealed that will not be disclosed, or hidden that will not be made known.
- 12:4-5 "**I** tell you, my friends, do not be afraid of those who kill the body and after that can do no more. But I will show you whom you should fear: Fear him who, after your body has been killed, has authority to throw you into hell. Yes, I tell you, fear him.
- 12:8 "**I tell you, whoever** publicly acknowledges me before others, the Son of Man will also acknowledge before the angels of God.
- 12:15 **Then** he said to them, "Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions."

- 12:22-23 **Then Jesus** said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. For life is more than food, and the body more than clothes.
- 12:40 **You** also must be ready, because the Son of Man will come at an hour when you do not expect him."
- 13:29-30 **People** will come from east and west and north and south, and will take their places at the feast in the kingdom of God. Indeed there are those who are last who will be first, and first who will be last."
- 14:11 **For** all those who exalt themselves will be humbled, and those who humble themselves will be exalted."
- 15:7 **I tell you that** in the same way there will be more rejoicing in heaven over one sinner who repents than over ninety-nine righteous persons who do not need to repent.
- 15:31-32 "'**My son,**' the father said, 'you are always with me, and everything I have is yours. But we had to celebrate and be glad, because this brother of yours was dead and is alive again; he was lost and is found.'"
- 16:13 "**No one can** serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money."
- 17:6 **He replied,** "If you have faith as small as a mustard seed, you can say to this mulberry tree, 'Be uprooted and planted in the sea,' and it will obey you.
- 17:10 **So** you also, when you have done everything you were told to do, should say, 'We are unworthy servants; we have only done our duty.'"
- 18:7-8 **And will** not God bring about justice for his chosen ones, who cry out to him day and night? Will he keep putting them off? I tell you, he will see that they get justice, and quickly. However, when the Son of Man comes, will he find faith on the earth?"
- 18:16-17 **But Jesus** called the children to him and said, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it."

- 18:26-27 **Those who heard** this asked, "Who then can be saved?" Jesus replied, "What is impossible with man is possible with God."
- 19:9-10 **Jesus said** to him, "Today salvation has come to this house, because this man, too, is a son of Abraham. For the Son of Man came to seek and to save the lost."
- 19:38 "**Blessed** is the king who comes in the name of the Lord!" "Peace in heaven and glory in the highest!"
- 20:17-18 **Jesus looked** directly at them and asked, "Then what is the meaning of that which is written: 'The stone the builders rejected has become the cornerstone'? Everyone who falls on that stone will be broken to pieces; anyone on whom it falls will be crushed."
- 20:38 **He is** not the God of the dead, but of the living, for to him all are alive."
- 21:14-15 **But make** up your mind not to worry beforehand how you will defend yourselves. For I will give you words and wisdom that none of your adversaries will be able to resist or contradict.
- 21:17-19 **Everyone** will hate you because of me. But not a hair of your head will perish. Stand firm, and you will win life.
- 21:33 **Heaven** and earth will pass away, but my words will never pass away.
- 22:19-20 **And he** took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you.
- 22:31-32 "**Simon**, Simon, Satan has asked to sift all of you as wheat. But I have prayed for you, Simon, that your faith may not fail. And when you have turned back, strengthen your brothers."
- 22:46 "**Why** are you sleeping?" he asked them. "Get up and pray so that you will not fall into temptation."
- 22:69 **But** from now on, the Son of Man will be seated at the right hand of the mighty God."
- 23:34 **Jesus said**, "Father, forgive them, for they do not know what they are doing." And they divided up his clothes by casting lots.

- 23:42-43 **Then he** said, "Jesus, remember me when you come into your kingdom." Jesus answered him, "Truly I tell you, today you will be with me in paradise."
- 23:46 **Jesus called** out with a loud voice, "Father, into your hands I commit my spirit." When he had said this, he breathed his last.
- 24:26-27 **Did** not the Messiah have to suffer these things and then enter his glory?" And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.
- 24:36 **While** they were still talking about this, Jesus himself stood among them and said to them, "Peace be with you."
- 24:46-48 **He** told them, "This is what is written: The Messiah will suffer and rise from the dead on the third day, and repentance for the forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. You are witnesses of these things.

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PO Box 463 · Wake Forest, NC 27588  
1-800-420-ACME